



**COMMISSIONER, BRUHAT BANGALORE MAHANAGARA PALIKE**

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No: COMM/CWR/ADVISORY-CLINICS/2020-21

Date: 10-06-2020

**Advisory for ENT Clinic / CLINIC / OPD  
In the Context of Unlock 1.0**

**To All the Concerned**

In exercise of powers conferred under Section 24 of the Disaster Management Act, 2005 to Commissioner, Bruhat Bengaluru Mahanagara Palike (BBMP) through Order No: RD158TNR 2020 dated 14.04.2020 of Government of Karnataka and as per National Directives issued by the Ministry of Home Affairs, Government of India, and SOP issued by Ministry of Health and Family Welfare, Government of India, the following advisory is issued for BBMP to contain the spread of COVID-19 pandemic at ENT Clinic / CLINIC / OPD in the city.

This advisory is issued for necessary implementation during the Phased Reopening (Unlock 1.0) to contain the spread of COVID-19 pandemic at ENT Clinic / CLINIC / OPD.

At the outset, it shall be noted that Ear, Nose, Throat (ENT) Clinics are / Clinics / OPD are in the high-risk segment. This advisory is aimed to minimize the spread of COVID-19 infection among ENT doctors, nursing staff, support staff, patients, and their attendants.

**PROTOCOLS AND SOP FOR ENT CLINIC / OPD:**

**1) Teleconsultation:**

- ✓ Teleconsultation will be preferable. People can opt for the same to the extent possible.
- ✓ Prior teleconsultation can be done to identify patients requiring physical examination in the clinic.

**2) Appointment system (time-based appointment to limited numbers):**

- ✓ Only one patient at a time should be allowed in the examination room, if possible, without an attendant.

- ✓ Sufficient time should be given for patient evaluation and for time in-between patients.
- ✓ Walk-in patients without an appointment should be discouraged.

**3) Screening of patients at CLINIC / OPD entry:**

- ✓ All patients entering ENT CLINIC / OPD should be screened using screening proforma (Annexure I) and thermal screening.
- ✓ The objective of screening is to minimize exposure to staff and patients. Screening is to be done to pre-screen all patients before entry and to minimize entry to the CLINIC / OPD premises.
- ✓ Patients having symptoms suggestive of COVID-19 (Whether ENT Symptoms or Respiratory Symptoms) should be seen in a separate "COVID-19 screening Clinic" and not in the ENT CLINIC / OPD. This is to ensure that other patients in the ENT CLINIC / OPD are safe.
- ✓ Personnel manning the COVID-19 Screening Clinic will have a different level of PPE.

**4) At the entry point of CLINIC / OPD:**

- ✓ Regulate entry of patients and ensure that the patients use masks, maintain hand hygiene and physical distancing, as per the standard protocols.

**5) Within CLINIC / OPD room:**

- ✓ ENT CLINIC / OPD room should be well-ventilated.
- ✓ ENT doctors should wear Level I PPE kit (N95 mask, gown, gloves, goggles/face-shield) in CLINIC / OPD chamber.
- ✓ Avoid performing endoscopy (Nasal endoscopy, 90 rigid or flexible endoscopy for larynx) in routine CLINIC / OPD.
- ✓ If endoscopy has to be performed, it should preferably be performed in a separate demarcated area with a Level II PPE kit (Cover-all gown, N-95 mask, gloves, and goggles).
- ✓ Doctors should change gloves if they get soiled and refrain from eating/drinking during CLINIC / OPD timings.



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- ✓ Doctors should encourage patients to follow-up with teleconsultation based upon the assessment.

**Persons above 65 years of age, persons with comorbidities, pregnant women, and children below the age of 10 years are advised to stay at home and avoid unnecessary movement/travel as much as possible.**

For information of Bengaluru Citizens, the FAQs in connection with this advisory and other advisories issued by the undersigned in the context of Unlock 1.0 can be accessed at the link here: <http://covid19.bbmpgov.in/pages/faqs>. This advisory can be accessed on the BBMP COVID-19 Dashboard at <http://covid19.bbmpgov.in>.

The National Directives about Face Coverings / Physical Distancing / No spitting / No urinating in Public Places shall be followed as a matter of Social Responsibility and for Personal Safety. Health and Safety of everyone is our prime concern. Let us adapt to the New Norm to Stay Safe and strive sincerely to keep Namma Bengaluru Safe in this fight against the COVID-19 pandemic.

This is issued on 10<sup>th</sup> June 2020 for information of all ENT Clinic / CLINIC / OPD in the city and also the citizens in the jurisdiction of Bruhat Bengaluru Mahanagara Palike.

  
B H Anil Kumar IAS 10/6/2020  
Commissioner,

Bruhat Bengaluru Mahanagara Palike.

BBMP Bulletin <http://bbmp.gov.in/covid19bulletins>

FAQs <https://covid19.bbmpgov.in/pages/faqs>

Helplines 080 2266 0000 / 94806 85888



<https://www.facebook.com/bbmp.comml/>



<https://twitter.com/BBMPCOMM>

**Annexure - I**

**Symptoms for COVID-19 infection**

<b>Most common symptoms</b>	<b>Less common symptoms</b>	<b>Serious symptoms</b>
<ul style="list-style-type: none"><li>• Fever</li><li>• Dry cough</li><li>• Tiredness</li></ul>	<ul style="list-style-type: none"><li>• Aches and pains</li><li>• Sore throat</li><li>• Diarrhoea</li><li>• Conjunctivitis</li><li>• Headache</li><li>• Loss of taste or smell</li><li>• A rash on the skin, or discolouration of fingers or toes</li></ul>	<ul style="list-style-type: none"><li>• Difficulty breathing or shortness of breath</li><li>• Chest pain or pressure</li><li>• Loss of speech or movement</li></ul>

(a) Are you suffering from fever/cough/difficulty in breathing?

(b) Are you residing in a containment zone?

(c) Have you been in contact with a confirmed COVID-19 case in the last 14 days?

